

FLATIRON PEDIATRICS

PORT WASHINGTON

(516) 588-3888

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Prevent the spread of COVID-19 in

7 STEPS

- 01** Wash your hands frequently
- 02** Wear a mask in public and around those who are not members of your household.
- 03** Avoid touching your eyes, nose and mouth
- 04** Cover your cough using the bend of your elbow or a tissue
- 05** Avoid crowded places and close contact with anyone that has fever or cough
- 06** Stay at home if you feel unwell
- 07** If you have a fever, cough and difficulty breathing, seek medical care early — but call first



SOURCE: WORLD HEALTH ORGANIZATION